

# Probiotics Resource Index

## NEED TO REBALANCE OTHER MICROBES? Resources List to Rebalance Microbiome with Beneficial Microbes (Probiotics):

Unless link is given, all probiotics can be purchased at Klaire Labs Register as Patient. Use Code: 78G

### Bacillus coagulans:

- Biospora
- MegaSporeBiotic  
<https://amzn.to/39OMJsd>
- SBO+Probiotics  
<https://amzn.to/3HViA7e>

### Bacillus subtilis:

- Biospora
- MegaSporeBiotic  
<https://amzn.to/39OMJsd>
- SBO+Probiotics  
<https://amzn.to/3HViA7e>

### Bifidobacteria bifidum:

- Ther-biotic Synbiotic (UABb-10)
- There-Biotic Factor 4
- Ther-biotic Complete
- Ther-biotic Factor 6
- Ther-biotic Detoxification Support
- Lactoprime Plus
- Vital 10
- Pro-5
- ABx Support
- Ther-biotic Factor 4
- Vital-Plex
- Vital-Immune Biotic
- Bifidus Powder Blend:  
<https://shop.bodyecology.com/collections/all/products/bifidus-power-blend-powder-probiotic>

# Probiotics Resource Index

## Bifidobacterium breve:

- Ther-biotic Complete
- Lactoprime Plus
- ABx Support
- Ther-biotic Factor 4
- Ther-biotic Metabolic Formula
- Bifidus Powder Blend:

<https://shop.bodyecology.com/collections/all/products/bifidus-power-blend-powder-probiotic>

## Bifidobacterium infantis:

- Lactoprime Plus
- Bifidus Powder Blend:

<https://shop.bodyecology.com/collections/all/products/bifidus-power-blend-powder-probiotic>

## Bifidobacteria longum:

- Ther-biotic Complete
- Ther-biotic Factor 6
- Lactoprime Plus
- ABx Support
- Ther-biotic Factor 4
- Ther-biotic Metabolic Formula
- Vital-Immune Biotic
- Bifidus Powder Blend:

<https://shop.bodyecology.com/collections/all/products/bifidus-power-blend-powder-probiotic>

## Bifidobacteria lactis:

- THER-BIOTIC® DETOXIFICATION SUPPORT
- Ther-biotic Synbiotic
- Ther-biotic Complete
- Ther-biotic Factor 6

# Probiotics Resource Index

- Lactoprime Plus
- Vital 10
- ABx Support
- Ther-biotic Factor 4
- Ther-biotic Metabolic Formula
- Vital-Plex
- GI Distress Relief Probiotic: (1 bottle)

<https://shop.bodyecology.com/collections/biotics/products/gi-distress-relief>

## Lactobacillus brevis:

- Lactoprime Plus
- Vital 10

## Lactobacillus Plantarum:

- THER-BIOTIC® DETOXIFICATION SUPPORT
- Lactoprime Plus
- Ther-biotic Synbiotic
- Ther-biotic Complete
- Lactoprime Plus
- Vital 10
- Ther-biotic Metabolic Formula

## Lactobacillus rhamnosus:

- Ther-biotic Synbiotic
- Ther-biotic Complete
- Ther-biotic Factor 6
- Ther-biotic Detoxification Support
- Lactoprime Plus
- Vital 10
- Pro-5
- ABx Support
- Ther-biotic Metabolic Formula
- Ther-biotic Factor 1
- Vital-Dophilus Plus
- Vital-Plex
- Vital-Immune Biotic

# Probiotics Resource Index

## Lactobacillus acidophilus:

- **THER-BIOTIC® DETOXIFICATION SUPPORT**
- **Ther-biotic Synbiotic**
- **Ther-biotic Complete**
- **Ther-biotic Factor 6**
- **Lactoprime Plus**
- **Vital-10**
- **Pro-5**
- **Ther-biotic Metabolic Formula**
- **Vital-Dophilus Plus**
- **Vital-Plex**
- **Vital-Immune Biotic**
- **Pro-biotic Complex**
- **L. Acidophilus (SCD Compliant)**

## Lactobacillus bulgaricus:

- **Ther-biotic Complete**
- **Vital 10**
- **Pro-5**

## Lactobacillus casei:

- **Ther-biotic Complete**
- **Ther-biotic Detoxification Support**
- **Lactoprime Plus**
- **Vital 10**
- **Vital-Immune Biotic**

## Lactobacillus gasseri:

- **Ther-biotic Metabolic Formula**

## Lactobacillus paracasei:

# Probiotics Resource Index

- Ther-biotic Synbiotic
- Ther-biotic Complete
- Ther-biotic Factor 6
- Lactoprime Plus

## Lactobacillus reuteri:

- Ther-biotic Synbiotic

## Lactobacillus salivarius:

- Ther-biotic Complete
- Lactoprime Plus
- Vital 10

## Saccharomyces Boulardii:

- Saccharomyces Boulardii
- ABx Support
- GI Distress Relief Probiotic: (1 bottle)

<https://shop.bodyecology.com/collections/biotics/products/gi-distress-relief>

## Streptococcus thermophilus:

- Pro-5
- Vital-10
- Ther-biotic Complete
- Vital 10
- Pro-5

### **\*\*\*Medical Disclosure:**

ALL HEALTH, FITNESS, NUTRITIONAL INFORMATION AND WELLNESS INFORMATION PROVIDED BY OPTIMIZED HEALTH IS DESIGNED FOR EDUCATIONAL PURPOSES ONLY. THIS INFORMATION SHOULD NOT BE RELIED UPON AS A SUBSTITUTE FOR, NOR DOES IT REPLACE, PROFESSIONAL

# Probiotics Resource Index

MEDICAL ADVICE, DIAGNOSIS, OR TREATMENT. IF YOU HAVE CONCERNS OR QUESTIONS ABOUT YOUR HEALTH, YOU SHOULD ALWAYS CONSULT WITH A PHYSICIAN OR OTHER HEALTH-CARE PROFESSIONAL. DO NOT AVOID, DELAY OR DISREGARD OBTAINING MEDICAL OR OTHER HEALTH RELATED ADVICE FROM YOUR HEALTH-CARE PROFESSIONAL BECAUSE OF SOMETHING YOU MAY HAVE READ ON THE OPTIMIZED HEALTH WEBSITE, SOCIAL MEDIA OR IN THIS PROGRAM. THE USE OF ANY INFORMATION PROVIDED ON OPTIMIZED HEALTH'S WEBSITE OR IN THIS PROGRAM IS SOLELY TO BE USED AT YOUR OWN RISK.

NOTHING STATED OR POSTED IN THE PROGRAM, SOCIAL MEDIA OR WEBSITE ARE INTENDED TO BE, AND MUST NOT BE TAKEN TO BE, THE PRACTICE OF MEDICAL CARE OR COUNSELING CARE. FOR PURPOSES OF THIS AGREEMENT, THE PRACTICE OF MEDICINE AND COUNSELING INCLUDES WITHOUT LIMITATION, PSYCHIATRY, PSYCHOLOGY, PSYCHOTHERAPY, OR PROVIDING HEALTH CARE TREATMENT, INSTRUCTIONS, DIAGNOSIS, PROGNOSIS OR ADVICE.